

## **JAMES E. CERIO**

### **Education**

B.S., Clarkson University, Potsdam, New York.

M.Ed., St. Lawrence University, Canton, New York.

Ph.D., Indiana State University, Terre Haute, Indiana.

- Counseling Psychology (APA-approved)
- Dissertation: An Instrument for Measuring Completion of the Developmental Tasks of Early Adulthood
- Internship: Counseling and Psychological Services, Student Health Center, Indiana University, Bloomington, Indiana (APA-approved in 1983-84)

### **Professional Experience**

1973 - 1978 Clarkson University, Potsdam, New York.

- 1973-1976, Counselor, Student Development Center
- 1976-1978, Assistant Director, Student Development Center (IACS-accredited)

1978 - 1980 Indiana State University, Terre Haute, Indiana.

- Graduate Fellow, School of Education

1980 - 1981 Indiana University, Bloomington, Indiana.

- Instructor (part-time), Division of Continuing Education, School of Continuing Studies

1981 - 1990 Harford Community College, Bel Air, Maryland.

- 1981-1984, Assistant Professor and Counselor
- 1984-1990, Associate Professor, Counseling, Psychology
- Tenured in December 1985, with tenure effective in July 1986

1985 - 2012 Private practice in psychology, Bel Air, Maryland.

- Incorporated in 1988 as Cerio & Cerio Psychologists, P.A.

2012 - Private practice in psychology, Canton, New York.

- Cerio & Cerio Psychologists, P.A. P.C.

2013 - St. Lawrence Psychiatric Center, Ogdensburg, New York.

- Psychologist, Ogdensburg Wellness Center

### **Affiliations**

1991 - 1999 The Sheppard and Enoch Pratt Hospital, Baltimore, Maryland.

- Courtesy Psychology Staff

1995 - 2000 Taylor Manor Hospital, Ellicott City, Maryland.

- Visiting Staff in Psychology

1995 - 2013 Upper Chesapeake Medical Center, Bel Air, Maryland.

Harford Memorial Hospital, Havre de Grace, Maryland.

- Allied Health Professional Staff, Department of Psychiatry

2012 - Canton-Potsdam Hospital, Potsdam, New York.

- Allied Health Professional Staff, Department of Internal Medicine

### **Certification**

- 1973 - 1978 New York State Education Department, *School Counselor* (provisional).
- 1978 - New York State Education Department, *School Counselor* (permanent).
- 1984 - Maryland Board of Examiners of Psychologists, *Licensed Psychologist*.
- 1985 - National Register of Health Service Psychologists, *Registrant*.
- 2011 - New York State Office of the Professions, *Licensed Psychologist*.

### **Memberships**

- 1984 - American Psychological Association.
- 1986 - Maryland Psychological Association (fellow).

### **Publications**

Cerio, J.E. (1979). Hatching the EGG: A model for educational growth groups. Resources in Education, 14(1), 36, ED 158 209.

Cerio, J.E. (1979). Structured experiences with the educational growth group. Personnel and Guidance Journal, 57, 398-401.

Cerio, J.E. (1983). Eliminating self-defeating behaviors: New group procedures. Resources in Education, 18(2), 29, ED 220 743.

Cerio, J.E. (1983). The use of hypnotic elements and audio recordings with the fantasy relaxation technique. Personnel and Guidance Journal, 61, 436-437.

Cerio, J.E., LaCalle, J.F., & Murtha, J.P. (1986). Eliminating self-defeating behaviors system. Muncie, IN: Accelerated Development.

Cerio, N.G. & Cerio, J.E. (1979). Loving relationships, life-styles, and needs: Exploring values through group process. Journal for Specialists in Group Work, 4, 40-44.

Jenkins, S.J. & Cerio, J.E. (1983). Some issues facing counseling psychologists in university/college counseling centers. Contemporary Education, 55, 20-24.

### **Professional Presentations**

Cerio, J.D., Cooper, M., Renick, T.F., & Cerio, J.E. Teaching teachers to control stress. Program presented at the meeting of the American Association for Counseling and Development, St. Louis, April 14, 1981.

Cerio, J.E. Psychological evaluations for adults and older adolescents with specific learning disabilities. Program presented at the Maryland State Department of Education symposium, "A Short Course on Disabled Student Services," Hagerstown, MD, April 23, 1991.

Cerio, J.E. Diagnosis of specific learning disabilities in adults and implications for psychosocial

development. Program presented at "Learning Disabilities Day," Learning Disabilities Association of Metropolitan Baltimore, Towson State University, October 26, 1991.

Cerio, J.E. Assessment of learning disabilities in adolescents and adults. Program presented at the department of psychiatry grand rounds, Harford Memorial Hospital, Havre de Grace, MD, February 8, 1996.

Cerio, J.E. & Cerio, N.G. Hatching the EGG: A model for educational growth groups. Paper presented at the meeting of the American Association for Counseling and Development, Washington, D.C., March 22, 1978.

Cerio, J.E. & Jenkins, S.J. Teaching college students to change their problem behaviors: A psychoeducational approach. Program presented at the University of Maryland Student Affairs Conference, College Park, MD, February 5, 1982.

Cerio, J.E., Jenkins, S.J., & Dennett, W. Eliminating self-defeating behaviors: New group procedures. Program presented at the meeting of the American Association for Counseling and Development, Detroit, March 19, 1982.

Cerio, J.E. & McCue, M. Psychological evaluations for adults with specific learning disabilities. Three-day training program presented at the Maryland Psychological Association Pre-Convention Institute, Ocean City, MD, May 4-6, 1990.

Cerio, N.G. & Cerio, J.E. Living well with anxiety. Program presented at the meeting of the Northern Zone Association for Counselors and Development, Ogdensburg, NY, November 6, 2012.

Cerio, N.G. & Cerio, J.E. Living well with anxiety. Program presented at the meeting of the Northern Zone Association for Counselors and Development, Massena, NY, March 15, 2013.

Dennett, W., Stockton, N.J., Cerio, J.E., & Watts, D. A group for all seasons: The widespread appeal of Eliminating Self-Defeating Behaviors. Program presented at the meeting of the American College Personnel Association, Cincinnati, March 31, 1981.

Gunnison, H., Renick, T.F., Cerio, J.E., & Cerio, N.G. The fantasy relaxation technique: A practical, non-hierarchical method of self-control based on a merging of humanistic and behavioristic approaches. Program presented at the meeting of the American Association for Counseling and Development, Chicago, April 14, 1976.

Horne, A., Passmore, J.L., Murphy, P., Cerio, J.E., & Cerio, N.G. Training counselors: Comparing models of relationship skill development. Program presented at the meeting of the American Association for Counseling and Development, Atlanta, March 29, 1980.

Mull, B.J. & Cerio, J.E. In search of profiles of successful and unsuccessful accounting students:

The Accounting 101 Retention Project. Paper presented at the meeting of the American Accounting Association, New York City, August 23, 1986. Recipient of AAA award for "Best Paper from Two-Year Colleges."

Murtha, J.P., Popiolek, E.B., & Cerio, J.E. Long-range planning for college counseling programs. Program presented at the University of Maryland Student Affairs Conference, College Park, MD, February 4, 1983.

### **Grants Funded**

Cerio, J.E. (Principal Officer). A proposal for increasing productivity while decreasing operating costs at a mid-size community college: The Employee Assistance Program. Funded by the U.S. Department of Education, RFP No. 87-037, College Cost Containment Projects, October 1, 1987 to September 30, 1988. \$68,465.

### **Areas of Specialization and Interest**

Psychotherapy for adolescents and adults (general practice)

Psychotherapy for individuals, couples, and families (general practice)

Psychotherapy for adolescents and adults with behavioral, learning, or attentional problems

Cognitive-behavioral therapy

Marriage counseling

Career counseling

Psychological evaluations for learning disabled adolescents and adults

### **Professional Service**

Convention Program Chairperson, Association for Specialists in Group Work. Programs selected for the annual meeting of the American Association for Counseling and Development, Washington, D.C., March 20-23, 1983.

Professional Liaison, Association for Specialists in Group Work, 1983-1984.

ASGW Liaison, Committee on Adult Development and Aging, American Association for Counseling and Development, 1983-1984.

### **Community Service**

1985 - 1986 Chairperson, Harford County Board of Health Task Force on Alcoholism, Drug Abuse, and Mental Health Services.

1989 - 1990 Chairperson, Task Force on Services for Adults with Specific Learning Disabilities, Harford Community College.

1994 - 2001 Member, Advisory Committee on Pupil Services, Harford County Public Schools.

2013 - Member, School of Arts & Sciences Advisory Council, Clarkson University.

**Additional Information**

Credentials, references, and a complete listing of continuing education classes are available upon request. Please contact me at our office.

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